

Evidence-based practice across the health professionals

Tammy Hoffman, Sally Bennett, Chris Del Mar (Eds) 2013, Churchill Livingstone Elsevier, ISBN 978-0-7295-4135-0, 416 pages. RRP: approx \$98

This textbook is the second edition, with a specific aim at encompassing more topics related to rehabilitation professionals. Easily walking the reader through introductory terminology and theories in the first half of the book, the authors then spend the second half of the book putting these fundamental ideas into practical application for the health care practitioner.

Chapters 1 and 2 start at the very basics—what evidence based practice is and what are some common misconceptions associated with it. Terminology is explained by definitions as well as examples. As the chapters progress, the authors note appropriate search engines and search styles to easily locate specific research material. The appraisal of the research material is discussed in the first half of the book, and is certainly the core of the information. From here, the reader is led through both a written dialogue about what to look for, as well as applicable examples with question and answer scenarios. The statistical components are meticulous, but presented well so that the reader is able to follow along easily.

The second half of the book addresses several ways to appropriately and realistically implement evidence-based practice into clinical care. Example scenarios are given for an array of rehab professionals and illustrate a comprehensive search of a specific question, the appraisal of the research, and the clinical conclusion that can be reached. Chapter 13 discusses how clinical guidelines can help clinicians make sound decisions and further communicate options and decisions with their patients. Chapter 14 further addresses these communications between provider and patient and this section is certainly a plus of the book. In this chapter, the authors seamlessly transition to ways research can be presented to a patient for education and decision making purposes.

Overall, the layout of the book is thorough and engaging in what could otherwise be a dry and daunting topic to read about. The chapters are engaging, thought-provoking, and very informative. This book offers something for everyone, from the novice student all the way up to the experienced therapist, and applicable to many health care fields. However, given the style it is written in, it would be an especially great addition at the university level for students to gain a firm understanding of the necessity and varied application of evidence-based practice.

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